

In association



ONE BIG FRIDAY NIGHT

JEWISH CARE

FRIDAY 26 JUNE 2009

Your guide
to taking part



CLICK **HERE** FOR DETAILS

Why take part?

Thanks to improved health care and better nutrition, our community is living longer now than at any time in history. For many of us this is a blessing but for others, a longer life could bring an assortment of unexpected difficulties. Isolation, greater levels of frailty and an increased chance of developing dementia could be ahead of us all. Making sure that Jewish Care continues to offer care and support to all those who need us is vital.

Friday 26 June is the 'big night' - so what is it all about?

Simply invite your family and/or friends for Shabbat dinner and ask them to make a donation to Jewish Care instead of bringing you a gift. Hosting a dinner in your home is an easy way to help Jewish Care raise vital funds for the 7000 people we care for every week.

One Big Friday Night is an evening that celebrates friendship, family and being together.

So why not join us and help make this Shabbat even more special!



How do I get involved?

It's easy: **register** to become a host and receive your FREE Shabbat pack.

Complete the enclosed registration form and send it back to us in the freepost envelope provided or:



020 8922 2837



onebigfridaynight@jcare.org



www.jewishcare.org

Your Shabbat pack will include

- n A free copy of the *Jewish Chronicle*
- n A Kosher Deli all-inclusive menu at a discounted price of **£9.99** per person. All items can be purchased in-store or delivered (see menu for more details)
- n A 15% off voucher for your One Big Friday Night shopping at Kosher Deli*
- n Celebrity recipes from Annabel Karmel, Denise Phillips and the Jewish Princesses
- n Entry to our fantastic raffle draw with a chance of winning one of five £100 Kosher Deli vouchers
- n Complimentary Osem product
- n Invitation cards for your guests
- n Donation forms
- n Stickers for the kids

*Offer cannot be used in conjunction with other special offers. Offer open from the 22-26 June inclusive.

Who should I invite?

Anyone you wish! Family, friends – use this as an opportunity to invite people you have not seen for a while.

Where should I hold my One Big Friday Night?

In your own home!

How will I raise funds?

Instead of bringing you a gift, ask your guests to make a donation to Jewish Care. You will be provided with donation forms in advance for your guests to fill in and return to us individually or if you prefer, collectively.

Where will my money go?

Jewish Care provides over 70 different services to 7000 members of the community every week. Our social work service, carers' support service, helpline and day centres receive no local or central government support, so every donation really will make a difference.

£25

A Jewish Care social worker to assess someone who needs support.

£50

A physiotherapist to visit a care home and help keep our residents mobile.

£100

Provides equipment for an evening cookery club for people with mental health needs.

£250

An armchair for a residential lounge.

£500

Help pay for the running costs of a care bus to help isolated members go to and from a day centre.

£1000

A week's respite break in a care home specialising in dementia care.

About Jewish Care

Jewish Care is the largest provider of health and social care services for the British Jewish community. It has the expertise and experience to provide excellent long-term personal, nursing and dementia care, as well as many other services for the community. Jewish Care offers care and support to older people, Holocaust survivors, people with physical and sensory disabilities and people with mental health needs. We also offer support for family carers and people who have been recently bereaved or separated, in addition to a range of leadership and activity programmes for children and young people.

Jewish Care Direct

You can access all of our services via Jewish Care Direct, a helpline that will give you information and advice about all of our services or can refer you to other services if more appropriate.

It is staffed by experienced and knowledgeable professionals, who will be happy to help in a warm and sympathetic manner.

A guide to our services

Social Work Service • 12 Care Homes • 3 Community Centres
4 Connect@ Centres • 3 Day Centres • 4 Social Groups and Clubs
3 Day Centres for people with dementia
Kennedy Leigh Home Care Services • Family Carers' Service
Holocaust Survivors' Centre and Shalvata • Disability Services
7 Support Groups • 3 Centres for Wellbeing
2 Mental Health Residential Homes • Sheltered Housing
Volunteer Visitors and Fix-It Services

Contact Information

Tel: 020 8922 2222

Email: jewishcaredirect@jcare.org

Web: www.jewishcare.org